



Skyler Health

CONNECT BENEFIT

Get your workforce moving with improved mental health and beyond pain while lowering costs. All services are 100% confidential and provided through tele-health.

Services We Offer

- ✓ **Counseling & Therapy for Mental Health**
- ✓ **Trauma Counseling**
- ✓ **Pain Counseling**
- ✓ **Medication Titration Counseling**
- ✓ **Psychological Evaluation for Surgical Clearance**



Daily Appointments. Improvements within a few sessions.



Comprehensive & personalized counseling by licensed, accredited counselors.



Private, Secure & Confidential



Zero out-of-pocket costs for members covered under the County's Health Plan.

Learn More: www.skylerhealth.com

email: care@skylerhealth.com

phone: 1-650-208-3893